

6. When washing your face, do not scrub, do not use wash cloth. Use a gentle cleanser such as La Roche Posay's Toleraine Skin Cleanser, Cetaphil cleanser or any other cleanser that does not contain soap.
7. Apply Neostrata Oil Free Lotion, Barrier Replenish cream, or light moisturizer recommended by your medical professional, as often as needed to relieve dryness and tightness.
8. You may resume the regular use of Retin-A, alpha-hydroxy acid (AHA) products or bleaching creams ONLY after the peeling process is complete.
9. Wait until the peeling is complete before having ANY OTHER FACIAL PROCEDURES, including
 - Facials
 - Microdermabrasion
 - Laser treatments
 - Laser hair removal
 - BOTOX injections
 - Injectable fillers

ADVERSE EXPERIENCES THAT MAY OCCUR AFTER YOUR VITALIZE PEEL: It is common and expected that your skin will be red and possibly itchy and/or irritated. It is also possible that other adverse experiences (side effects) may occur. Although rare, the following adverse experiences have been reported by patients after having a Vitalize Peel: skin breakout or acne, rash, dark spots, swelling, and burning.

Call the office immediately if you have any unexpected problems after the procedure.

IF YOU DID NOT PEEL: Although most people experience peeling of their facial skin, not every patient notices that their skin peels after a Vitalize Peel procedure. Lack of peeling is NOT an indication that the peel was unsuccessful. If you do not notice actual peeling, please know that you are still receiving all the benefits of the Vitalize Peel, such as: stimulation of collagen production, improvement of skin tone and texture, and diminishment of fine lines and pigmentation.

There are a number of reasons why a patient may not have peeling or may experience minimum peeling. The reasons may include:

- Having peels regularly with a short interval between peels.
- Frequent use of Retin-A, AHA, or other peeling agents prior to the Vitalize Peel treatment
- Severe sun damage

Proper skin evaluation by your skin care professional prior to your peel is important and will help predict the outcome of your peel.