

COMMONLY ASKED QUESTIONS

WHAT IS LIPOSCULPTURE?

Answer: Liposculpture is the removal of unwanted bulges created by excess localized fat deposits. These fat deposits form because of hereditary factors (familial traits) and gender (male versus female). "Liposculpture" differs from liposuction primarily by the size of the cannula, with microcannulas enabling more precise sculpting. A small microcannula inserted through a tiny opening placed in an inconspicuous location, removes the unwanted fat by a high-pressure vacuum.

WHO IS A GOOD CANDIDATE FOR LIPOSCULPTURE?

Answer: Athletic individuals who are already on an exercise program and of normal body weight are considered ideal for this treatment. However, patients who are moderately overweight can still be good candidates. In general, the most important thing is that they have realistic expectations of what they can achieve. Age by itself is not a significant factor. Many patients who are in their 60's and 70's have been delighted with the outcome. The patient should be in good general health without significant heart or lung problems. This technique is not a substitute for weight loss. There is a limit to how much fat can be removed safely at one time.

WHAT AREAS ARE TREATED?

Answer: The most common area treated is the upper outer thigh area in women. These areas are commonly referred to as "saddle bags". The second most common area is the stomach/abdomen, followed by the flank (love handles). Other areas that are treated are double chins, upper arms, hips, buttocks, thighs, knees, calves, and ankles. Bulges on the chest in front and back of the arms may also be treated. For men this procedure can be used to correct gynecomastia (enlarged pectoral tissue/ chest). You can even successfully improve the contour on the upper back and the upper pubic area.

IS THIS A DANGEROUS PROCEDURE?

Answer: Contrary to sensationalistic misrepresentations in the lay press, Liposculpture has been shown to be a very safe procedure with very few complications. A recent review of over 30,000 cases of Liposculpture revealed no serious complications and a very low percentage of minor problems (i.e., temporary swelling, irregularity, numbness, etc).

WHERE IS LIPOSCULPTURE PERFORMED?

Answer: All cases are performed in our AAAHC-certified Outpatient Surgery Center under local anesthesia. This center is fully accredited, meaning it has passed vigorous standards for safety and infection control.

WHAT IS THE RECOVERY PERIOD?

Answer: The recovery time varies with how many areas are treated and the type of activity the patient intends to resume. Most patients are performing routine duties after two days.

WILL THERE BE BANDAGES?

Answer: There are no bandages. Special compression garments are worn under clothing for one week. These garments are made specifically for this procedure.

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