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DERMATOLOGY

Sandra S. Lee, M.D.

skin
PHYSICIANS
& SURGEONS

**WOUND CARE INSTRUCTIONS
FOR SUTURED WOUNDS
AFTER MOHS SURGERY**

Dr. Lee:

Cell phone
(909) 969-3696

Home phone
(909) 982-6556

After surgery, **go home and take it easy**. No exertion, lifting, bending or straining for at least 48 hours. Avoid heavy lifting or "work out" type exercising until after the sutures have been removed.

Do not drink alcohol or take aspirin for 48 hours. If you require medicine to control any discomfort, take only Tylenol.

After 24 hours you may remove the top bulky pressure bandage. Underneath is a flat dressing. You may leave the flat dressing on your skin until the sutures have been removed. Try not to get the dressing wet. However, if the dressing gets soiled or wet, you may reinforce it with more tape, or change the bandage. Use Polysporin or Neosporin over the sutured area and cover with a nonadherent bandage. If you feel uncomfortable with changing your bandage we are happy to change it for you during business hours. Call the office to make sure we are there first!

If you notice bleeding from the wound, apply firm continuous pressure to the bandage for twenty minutes. Then apply additional gauze and tape over the dressing if necessary. If bleeding does not stop after pressure is applied, call our office at the number below.

Bruising and mild swelling around the surgery site is normal. A "black eye" is also common following surgery on the forehead, nose or cheeks. Usually discomfort is mild and easily controlled with Tylenol. Call our office if you observe significant or rapid swelling, pain or fever.

Sutures are typically removed in five to seven days. After suture removal, another flat dressing is placed over the wound for an additional five to seven days.

If you have any questions, please call us at (909) 981-8929.

If you are unable to contact us in an emergency, please go to your local hospital emergency department.