



SEBORRHEIC KERATOSES

What causes seborrheic keratoses?

Seborrheic keratoses are harmless, common skin growths which first appear during adult life. As time goes by, more growths appear on both covered and uncovered parts of the body; they are not caused by sunlight. The tendency to develop seborrheic keratoses is inherited.

Seborrheic keratoses are harmless and never become malignant. They begin as slightly raised, light brown spots. Gradually, they may thicken and take on a rough, warty surface. They may slowly darken and may turn black. These color changes are harmless. Seborrheic keratoses are superficial and look as if they were stuck on the skin. Persons who have had several seborrheic keratoses can usually recognize this type of benign growth. However, if you are concerned or unsure about any growth, please make an appointment for us to take a look.

Treatment

Seborrheic keratoses can easily be removed in the office. Remember, they do not need to be removed, but can be if they irritate you, are itchy, or annoy you by rubbing against clothing or jewelry. Insurance may not pay for their removal if you are not bothered by them but just feel they are unattractive.

Jeffrey C. Rebish, M.D

Sandra S. Lee, M.D

859 East Foothill Blvd, Upland, CA 91786 (909) 981-8929