

**DERMATOLOGY**  
639 North 13<sup>th</sup> Avenue  
Upland, California 91784  
(909) 981-8929

## **IRIDERM DioLite 532 (532 nm)**

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### ***Posttreatment recommendations***

- You may return to normal activity immediately post treatment.
- Areas treated will be surrounded by a **red flush**, which should resolve over 4 hours to 2 days. Some larger vessels may only be reduced in size. Some vessels may form a linear fine surface crust. Pigmented spots will turn darker and are expected to form a fine surface crust. Allow all crusts to fall off naturally; **do not pick crusts off!** They will usually fall off one to three weeks after the treatment. These areas may look slightly pink for an additional few days. The treated areas can be washed normally with a mild soap or cleanser and tap water. We do not recommend using a washcloth or other abrasive instrument. Crusted or scaly areas should be coated with antibiotic ointment (e.g., Bacitracin, Polysporin, Neosporin) until they heal.
- **Apply a sunscreen** with an SPF of 15 or higher daily to the sun-exposed skin, and avoid excessive sun exposure to the treated areas.
- Once treated dark blemishes have healed, patients are encouraged to **apply a bleaching cream** (e.g., Glyquin) to the areas twice daily to optimize results. If you develop irritation from this cream, please notify us. You may be allergic to it.
- Please remember that **multiple treatments may be required** to achieve the optimum result with either vascular or pigmented lesions.

**If you have any questions or concerns, please call our office at (909) 981-8929.**