



Doxycycline/Minocycline Antibiotics

Instructions for safe use

1. Be careful in the sun. This medication can increase your chances of getting a sunburn. This does not mean that you cannot be in the sun, but know that sunscreen used appropriately will protect you from this problem.
2. Take this medication with food! If you take this medication on an empty stomach you are more likely to have an upset stomach.
3. Do not take this medication at the same time that you eat or drink dairy products (milk, cheese, etc.) or antacids/vitamin supplements (such as Tums). This is not dangerous, but may make the medication less effective. You can have dairy or vitamins at other times of the day, just not 1 hour before or after you take this medication.
4. Take this medicine with a good amount of fluids and give it a chance to get down to your stomach. Don't take it with one sip of water and then lie down. This could cause the medication to dissolve in your throat which would be uncomfortable and can cause heartburn symptoms.
5. FEMALES who take antibiotics can have increased chances of developing yeast infections. If this becomes a problem, call our office and we can call something into the pharmacy for you. Females should also not become pregnant while taking this medication.
6. MINOCYCLINE USERS ONLY: This medication may cause headaches or dizziness in a small percentage of patients. If you notice this side effect, discontinue minocycline and call our office so we might prescribe an alternative.