



BUFF AND SHINE™ REJUVENATION TREATMENT



BUFF AND SHINE™ REJUVINATION TREATMENT PURPOSE: To reveal smoother, healthier and more youthful skin with no downtime.

PATIENTS WHO SHOULD NOT BE TREATED: The Buff and Shine™ treatment should not be used on patients with active cold sores or warts, skin with open wounds, sunburn, excessively sensitive skin, dermatitis, or inflammatory rosacea in the areas to be treated. Inform you medical professional if you have a history of herpes simplex. The Buff and Shine™ is not recommended if you have taken Accutane with in the past 6 months, or received chemotherapy or radiation therapy. The Buff and Shine™ procedure should not be performed on pregnant or breastfeeding

ONE WEEK BEFORE BUFF AND SHINE™ TREATMENT: Avoid theses products and/or procedures:

- ◆ Electrolysis ◆ Waxing ◆ Depilatory Creams ◆ Laser Hair Removal
- ◆ Patients who have had medical cosmetic facial treatments or procedures (e.g. other laser therapy, surgical procedures, cosmetic filler, microdermabrasion, ect.) should wait until skin sensitivity completely resolves before having a Buff and Shine™
- ◆ Patients who have had Botox/Dysport injections should wait until full the effect of their treatment is seen before receiving a Buff and Shine™

TWO TO THREE DAYS BEFORE YOUR BUFF AND SHINE™: Avoid these products and/or procedures:

- ◆ Retin-A, Differin, Tazorac,
- ◆ Any product containing Retinol, AHA, or BHA, or benzyl peroxide
- ◆ Any exfoliating products that may be drying or irritating

AFTER YOUR BUFF AND SHINE™: It is crucial to the health of your skin and the success of your Buff and Shine that these guidelines be followed:

1. Use a sunscreen with an SPF of at least 20 and avoid direct sunlight for at least 1 week.
2. Your skin may be more red and sensitive than usual for 1-2 days.
3. You may apply make-up immediately following your procedure and continue to wear it in the days following your procedure.
4. Immediately following the procedure you will be able to feel a slight roughness to your skin.
5. Approximately 4-5 days after your procedure the roughness will begin to flake off. This is a very mild flaking that most likely no one except you will be able to notice. The flaking lasts 2-3 days.
6. When washing your face do not scrub. Use a gentle cleanser such as Skin Physicians & Surgeons' Neutra Cleanse cleanser, Cetaphil or other cleanser that does not contain soap.
7. Keep skin hydrated to relieve dryness and tightness. Skin Physicians & Surgeons Barrier Cream for dry skin and Neostrata Sheer Hydration for oily skin are recommended.
8. You may resume the regular use of Retin-A, alpha-hydroxy acid (AHA) products or bleaching creams ONLY after the flaking process is complete.
9. Wait until the peeling process is complete before having any other facial procedures, including: Facials, Microdermabrasion, Laser treatments, Laser hair removal, Botox/Dysport, Injectable filler.

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