## DERMATOLOGY

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## POST TREATMENT INFORMATION AFTER BOTOX COSMETIC / DYSPORT / XEOMIN TREATMENT

## WHAT TO DO AFTER YOUR TREATMENT

- > You should remain upright for 4 hours after treatment to enhance results.
- > You should not massage the treated muscles for 4 hours following the procedure because doing so could cause Botox to spread to areas outside the treatment area.
- > You should exercise the treated muscles by making appropriate facial expressions every 15 minutes for 1 2 hours after treatment.

## WHAT TO EXPECT AFTER YOUR TREATMENT

- > The treated areas can take 4 7 days to show results.
- > You may experience some minor discomfort at the site of injection during the procedure, which may persist for a few days following the injection. If you were treated on the forehead, this can sometimes feel like a mild headache.
- > A small amount of swelling, bruising, or redness can sometimes be seen for several days at the injection site.
- Sometimes the correction from the procedure will not achieve the full desired effect, and the injection may need to be repeated
- > Treatment can be repeated every 3 6 months.
- > Occasional asymmetry or unequal movement may occur, which may be corrected with additional botox injections.
- > If this is your first treatment with Botox, we would like to check on you in one week after treatment to make sure that the treatment is what you expect. If more Botox is needed to correct the area, it is usually done at that time with no further charge to you.

IF ANY POST TREATMENT SYMPTOMS PERSIST, PLEASE CALL 909 981 8929