

skin

Dermatology
859 East Foothill Blvd
Upland, California 91786
(909) 981-8929 F(909)946-9740

Wound Care Instructions

Post-Operative Instructions for Skin Biopsies

WHAT TO DO AFTER YOUR TREATMENT

- Leave bandaid/bandage in place till the following morning, at which time one can remove it and shower if desired.
- You may resume normal activity as long as there is no discomfort.
- Keeping an antibiotic ointment on the area allows it to heal more quickly. You should apply an antibiotic ointment (e.g., Bacitracin, Polysporin, Neosporin) to any non-healed or scabbed areas at least two times a day until the areas are completely healed. If desired, treated areas may be covered by a band-aid or a non-stick bandage.
- You should wash the treated areas with only a mild soap or cleanser and tap water.
- You should avoid contact with any products containing alcohol on the wound (e.g., toners, astringents) as they may irritate any treated areas.
- You should avoid excessive sun exposure and use a sunscreen over the area treated to protect against possible discoloration.

WHAT TO EXPECT AFTER YOUR TREATMENT

- The treated areas usually take 2-3 weeks to heal completely.
- If biopsy site turns out to be a skin cancer, keep a mental note of exactly where the biopsy site was so we will know precisely where further treatment will be needed.