

Voted Top Doctor  
Dermatology  
by Inland Empire  
Magazine  
2009, 2010



*"I am impressed with Dr. Lee's skills and ability to put me at ease. Her communication was open and friendly throughout my treatments. She is truly one of the best doctors I've ever known."*  
- Ailvie

**We're going green! This will be our last issue via postal service. To receive future bi-annual newsletters and information about upcoming events and specials, please call and give us your email, or sign up at [info@skinps.com](mailto:info@skinps.com)**




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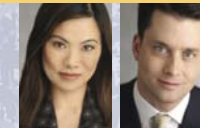
PS News & Insight  
Fall / Winter 2010

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Sandra Lee, M.D.  
Jeffrey Rebish, M.D.  
Soon S. Lee, M.D.

### See Dr. Lee on The Doctors TV Show!

We are thrilled to offer one of the newest methods of liposuction in the United States. FDA-approved earlier this year, Dr. Sandra Lee now performs "Tickle Lipo™", which uses a vibrating cannula to deliver local anesthesia and to sculpt your neck and body even more precisely. One of the wonderful advantages of this device is that the vibration of the instruments actually tricks the nerves that transmit the sensation of pain to your brain. Simply put, the nerves that send the sensation of vibration to your brain are separate and distinct from nerves that send the sensation of pain. The vibration nerves compete with your pain nerves for attention from your brain, and your brain therefore perceives less pain. This is why your dentist or dermatologist wiggles your skin when they anesthetize you – they are distracting your brain from feeling discomfort! Therefore, you feel very little to no discomfort during the procedure, and in fact, many people giggle at some time during the procedure, because it tickles! One of the distinct advantages for Dr. Lee is that this vibrating cannula allows her to more easily treat fibrous (tough) areas of the body, especially the love handles in men, and the dreaded "back fat" in females. These areas are notoriously difficult to treat because the fat is surrounded by more fibrous tissue. Tickle Lipo™ allows Dr. Lee to more easily remove the fat in less time, leading to a quicker recovery time, less bruising, and absolutely NO general anesthesia. Everyone returns to work within 1 to 3 days! **What's more, we are so excited to announce that Dr. Lee will be discussing Tickle Lipo™ on The Doctors Show, airing Friday, November 5th on KCAL, channel 9 at 11:00am.** Be sure to tune in. If you would like to learn more about Tickle Lipo™, visit our website at [SkinPS.com](http://SkinPS.com) or call for a complimentary consultation.



Before & after Tickle Lipo™  
inner & outer thighs\*



Before & 2 days after  
Tickle Lipo™ of neck\*

\*Actual patients

Sandra Lee, M.D., Jeffrey Rebish, M.D., Soon S. Lee, M.D.  
A Family of Board-Certified Dermatologists Serving Our Community for Over 30 Years. Diplomates, American Board of Dermatology, Fellow, American Academy of Cosmetic Surgery

## "BEAUTY BOOT CAMP"

You're Invited to our Annual "We Appreciate You!" Event

**Veteran's Day  
Thursday, Nov 11th 5-8 pm**

Mingle and learn about the latest and greatest cosmetic procedures, refreshments will be served, enjoy significant discounts on cosmetic procedures, and perhaps win something special for you or a loved one!

#### Raffle prizes to be awarded include:

Microdermabrasion, Vitalize Peel, Botox Cosmetic & Dysport, Restylane & Juvederm, Radiesse, Sculptra Aesthetic, Latisse, 25% off surgical fee for Mixto Fractional Laser and Tickle Lipo

**Specials on the night of the event include:**  
Dysport buy one area get one free, Restylane & Radiesse buy 2 syringes get the third free, Up to \$175 off per syringe of Restylane & Perlane, Microdermabrasion buy 2 get third free

**Remember to bring a friend new to SkinPS and receive \$50 SkinPS Dollars! (limit 2)**  
Please RSVP - this is a very popular event, and spaces fill quickly!  
(909) 981-8929 or [info@skinps.com](mailto:info@skinps.com)

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**New skin cancer data is in... and the statistics are downright alarming!**

One in five Americans will develop skin cancer in their lifetime. In fact, there will be more than 3 million newly diagnosed cases this year. As dermatologists and skin cancer surgeons, we are concerned because we know that the majority of these cases are preventable – with proper use of sun protection and annual skin cancer examinations.

**Early detection is critical.** In addition to examining your skin regularly for moles and changes in shape, color, or size, the Skin Cancer Foundation recommends that you see your dermatologist annually for a professional screening to help detect cancer in its earliest stages.

Please visit our website at [SkinPS.com](http://SkinPS.com) to learn more details about what you should look for when examining your own skin.

**MOHS MICROGRAPHIC SURGERY**  
THE GOLD STANDARD  
IN TREATING SKIN CANCER

Mohs Surgery is a highly specialized technique that can completely remove skin cancers with as small a scar as possible, and has the lowest cancer recurrence rate of any method to date. The malignant skin is numbed with local anesthetic, and the visible skin cancer is removed. While you wait in our comfortable lounge, we process the tissue that was removed and check it under the microscope to ensure that we have removed the entire skin cancer. If a positive skin cancer margin still remains, we can just take a little more tissue from whatever edge is still positive and then check this under the microscope. Ultimately, as little skin as possible is removed while at the same time ensuring the highest cure rate of any surgical technique to remove skin cancer. Mohs Surgery is the superior method to remove basal cell and squamous cell carcinomas, particularly on the face and neck. You can read more about Mohs Surgery on our website at [SkinPS.com](http://SkinPS.com)



Mohs - after skin cancer removal\*



Mohs - after repair of defect\*



Mohs - after 1 month\*



Before & after laser for blood vessels\*

**Blood vessels be gone! with the Iriderm Laser**

Our Iriderm Laser is great to treat blood vessels that are particularly prevalent around our noses and cheeks. These are caused by excess sun exposure, weakening the walls of our superficial blood vessels causing them to be more prominent. The situation can also be exacerbated by some medications and conditions such as rosacea.



Before & after upper & lower eyelift\*



Before & after upper eyelift & lower eye Mixto Laser resurfacing\*

**The Eyes Have It! There are many options for a brighter look!**

- Lasers may be used to help tighten skin surrounding the eyes
- Aesthetic injectables can be used to fill sunken areas or to lift upper eyelids
- An Upper Eyelid Lift improved sagging and heavy upper eyelids for a more open appearance
- A Lower Eyelid procedure removes excess fatty deposits creating a smooth and less tired or puffy appearance

\*Actual patients



**“WHICH AESTHETIC INJECTABLE IS RIGHT FOR YOU?”**

*A closer look at how to achieve natural, long-lasting results*

- Wrinkles on forehead and between eyebrows (Dysport®, Botox®, Restylane® & Juvederm®)
- Camouflage a bump on the nose (Radiesse®, Artefill®)
- Fill in depressions under the eyes to improve hollowed out look to eyes (Restylane®, Juvederm®)
- Volumize the Cheekbones, lifting up the lower face to make more youthful (Radiesse®, Sculptra®)
- Fill in creases, folds on cheeks and depressed scars (Restylane®, Juvederm®, Radiesse®, Sculptra®, Artefill®)
- Minimize jowling and marionette lines (Restylane®, Perlane®, Radiesse®)
- Minimize lines radiating from lips and plump lips, turn up corners of the mouth (Restylane®, Juvederm®)

**Injectables are highly customizable, making results individual to each patient.**

Aesthetic injectables have become increasingly popular when it comes to improving a hollowed, aged or tired appearance. As new products enter the market, there continues to be confusion about what these injectables do, what areas they treat and how long they last.

Though the differences between injectables may seem subtle, the core ingredients vary (eg., hyaluronic acid, collagen, abobotulinumtoxin A, calcium hydroxyapatite), providing highly individual results. While **Dysport®** and **Botox®** are used to relax facial muscles, dermal fillers such as **Restylane®, Juvederm®, Perlane®,** and **Artefill®** can fill in folds and creases in the skin, and

products such as **Sculptra®** and **Radiesse®** are volumizers that can restore lost volume and lift specific facial features. Age, skin elasticity, texture, and the amount of your sun exposure over time also have impact on the overall result.

Treatments such as **Dysport®** and **Botox® Cosmetic** are used to relax facial muscles, thereby smoothing the appearance of fine lines and wrinkles. The most popular area to treat is the furrows between the eyebrows, caused by frowning or squinting – the dreaded “11’s”, followed by the crow’s feet and the forehead.

Fillers such as **Restylane®, Perlane®, Juvederm®,** and **Artefill®** can fill in the parentheses lines that traverse from your nose to your outer lips, and can also be used to smooth lines radiat-

ing from the lips, fill acne scars, and plump up your lips. If you look in the mirror and your lips are shaped in a frown, even when you’re not upset, a filler like this may be the one for you since it can lift up the corners of your lips.

Many of us notice the great cheekbones we had when we were younger are now replaced with fullness in the jowl area. Volumizers such as **Radiesse®** and **Sculptra®** are very popular to put fullness back in the cheeks. The great thing about these products is that they last at least 1 to 3 years. We can even use them to smooth out a bump in the profile of your nose, giving you a “nose job” without the surgery!

**Mixto Microfractional CO2 Laser**

Innovation at its very best. The Mixto Laser safely removes wrinkles and tightens lax skin. It also treats enlarged pores, sunspots, brown spots, melasma, scars, and uneven pigmentation. It is so effective, it can even help treat precancerous lesions. What’s great is that this procedure is **performed in our office under local anesthesia in less than one hour!** Using thousands of tiny laser beams that penetrate into the skin, the Mixto Laser treatment is designed to treat aging and damaged skin by creating microscopic “wounds” within the treated areas. This triggers the body’s own natural production of new collagen and skin cells, smoothing lines and wrinkles.



Mixto Laser - heavy treatment for wrinkles\*

\*Actual patients



Mixto Laser - for acne scars\*



Mixto Laser - light treatment for melasma, brown spots\*

[SkinPS.com](http://SkinPS.com)